

## Week one

W/C 24 Apr, 15 May, 5 Jun, 26 Jun, 17 Jul

**Cheese and Tomato Pizza**  
Whole wheat pizza base topped with tomato sauce and cheese

**Potato Wedges**

**Sweetcorn**

**Vegetarian Sausages**  
Oven baked Linda McCartney vegetarian sausages

**For Dessert...**  
Pancakes & Apricots

**Jacket Potato with Tuna Mayonnaise**

**Pork Sausages with Gravy**  
British pork sausages served with a traditional gravy

**Mashed Potato**

**Creamy Vegetable Pie**  
Soy mince and vegetables in a creamy white sauce and topped with mashed potato

**Mixed Vegetables**

**For Dessert...**  
Chewy Fruity Flapjack Bites

**Cold Cocktail Sausages with Potato Salad & Crudité**

**Chicken & Sweetcorn Pasta Bake**  
Oven baked chicken pieces and sweetcorn in a cheese sauce, served with pasta

**Wholegrain Rice**

**Green Beans**

**Chickpea Ratatouille**  
Chickpeas and vegetables cooked in a tomato sauce

**For Dessert...**  
Lemon Sponge with Custard

**Jacket Potato with Spaghetti Hoops**

**Roast Turkey with Gravy**  
Roasted and sliced turkey served with a traditional gravy

**Roast Potatoes**

**Diced Carrot**

**Quorn Fillet with Gravy**  
Quorn fillet served with a traditional gravy

**For Dessert...**  
Chocolate Brownie

**Cheese Roll with Coleslaw & Crudité**

**Fish Fingers**  
Oven baked white fish fingers in golden breadcrumbs

**Chips**

**Garden Peas**

**Quorn Hotdog in a Soft Roll**  
Quorn hotdog served in a soft roll with tomato ketchup

**For Dessert...**  
Muller Yoghurt

**Jacket Potato with Baked Beans**

## Week two

W/C 1 May, 22 May, 12 Jun, 3 Jul

**Mild Chicken Curry**  
Diced chicken breast served in a mild tomato, lentil and yoghurt curry sauce

**Wholegrain Rice**

**Mixed Vegetables**

**Macaroni Cheese**  
Short cut macaroni served in a creamy cheese sauce

**For Dessert...**  
Chocolate Brownie

**Jacket Potato with Salmon Mayonnaise**

**Beef Burger in a Roll**  
American style beef burger in a soft seedless bap served with tomato ketchup

**Diced Potatoes**

**Sweetcorn**

**Vegetarian Sausages**  
Oven baked Linda McCartney vegetarian sausages

**For Dessert...**  
Jelly & Fruit Cocktail

**Cold Cocktail Sausages with Potato Salad & Crudité**

**Bolognese Pasta Bake**  
Italian style beef pasta sauce served with spiral pasta

**Green Beans**

**Vegetable Bolognese Stuffed Yorkies**  
Italian style vegetable bolognese in mini yorkshire puddings

**For Dessert...**  
Sticky Toffee Pudding with Custard

**Jacket Potato with Spaghetti Hoops**

**Roast Pork with Gravy**  
Roasted and sliced loin of pork served with a traditional gravy

**Roast Potatoes**

**Diced Carrot**

**Quorn Fillet with Gravy**  
Roasted Quorn fillet served with a traditional gravy

**For Dessert...**  
Cookie

**Cheese Roll with Coleslaw & Crudité**

**Fish Fingers**  
Oven baked white fish fingers in golden breadcrumbs

**Chips**

**Garden Peas**

**Quorn Burger in a Soft Roll**  
Quorn burger served in a soft roll with tomato ketchup

**For Dessert...**  
Muller Yoghurt

**Jacket Potato with Baked Beans**

## Week three

W/C 8 May, 29 May, 19 Jun, 10 Jul

**Cheese and Tomato Pizza**  
Whole wheat pizza base topped with tomato sauce and cheese

**Diced Potatoes**

**Sweetcorn**

**Quorn Hotdog in a Soft Roll**  
Quorn hotdog served in a soft roll with tomato ketchup

**For Dessert...**  
Pancakes & Peaches

**Jacket Potato with Tuna Mayonnaise**

**Pork Sausages with Mashed Potato** British pork sausages served with mashed potato and beans

**Mashed Potato**

**Baked Beans**

**Vegetable Bolognese Pasta Bake**  
Italian style vegetable bolognese sauce served with pasta

**For Dessert...**  
Chewy Fruity Flapjack Bites

**Cold Cocktail Sausages with Potato Salad & Crudité**

**Oven Baked Chicken Chunks**  
Oven baked British chicken chunks coated in a crunchy lemon & herb crumb

**Wholegrain Rice**

**Mixed Vegetables**

**Oven Baked Quorn Chunks**  
Tender chunks of Quorn, oven baked and covered in a crunchy lemon & herb crumb

**For Dessert...**  
Banana Sponge with Custard

**Jacket Potato with Spaghetti Hoops**

**Roast Beef with Gravy**  
Roasted and sliced silverside of beef served with a traditional gravy

**Roast Potatoes**

**Diced Carrot**

**Quorn Fillet with Gravy**  
Quorn fillet served with a traditional gravy

**For Dessert...**  
Chocolate Brownie

**Cheese Roll with Coleslaw & Crudité**

**Fish Fingers**  
Oven baked white fish fingers in golden breadcrumbs with tomato ketchup

**Chips**

**Garden Peas**

**Plain Omelette**  
Lightly seasoned free range omelette made from British Red Lion eggs

**For Dessert...**  
Muller Yoghurt

**Jacket Potato with Baked Beans**

Monday

Tuesday

Wednesday

Thursday

Friday

British  
Lion Eggs

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If your school is an online ordering school visit our website to book your meals:

[www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk)

Keep yourself topped up with water – it will help you concentrate all day long.



If you don't fancy dessert, you can always enjoy fresh fruit or yoghurt.



For more information please contact:

Email: [BPDAdmin@compass-group.co.uk](mailto:BPDAdmin@compass-group.co.uk)

Tel: 01202 691 038

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# F.A.Q's

## What is your website address?

[www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk)

## Please could you explain your cut off points?

To order meals on our website, the cut off point is always the Sunday (midnight) a full 7 days before the week starts.

## Can we make changes to our orders?

As long as your child's school accepts amendments then we can make changes to your order up to 48 working hours before the meal is to be served. e.g. If you need to change a meal on Friday you would need to contact the office before Wednesday 12:00 midday to ensure we can make the change.

## Do you provide packed lunches for school trips?

We can provide a packed lunch instead of the hot school lunch for an away day. To order this please contact the office on 01202 691038 or by email [bpadmin@compass-group.co.uk](mailto:bpadmin@compass-group.co.uk) Away day packed lunches consist of Pizza Pin Wheels, Crudité, Cake or Cookie of the Day, an Orange and a Bottle of Water.

## My Child has Special Dietary Requirements, are you able to cater for them?

If your child suffers from an allergy or intolerance to any of the 14 listed EU allergens we are able to provide a nutritionally approved menu for them. Please contact Jacqui on 01202 691038 or by email [jacqueline.roe@compass-group.co.uk](mailto:jacqueline.roe@compass-group.co.uk) to discuss your child's needs.

## Is the food you produce sustainably sourced?

We try wherever possible to use British Suppliers / Locally sourced food.  
All of our Fish is MSC sustainably sourced.  
All of the meat products in the main menu options is British sourced.  
Our Eggs are all from Free Range Hens.  
All of our puddings are homemade in Dorset.

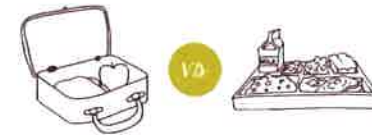


# Did You Know...?

## If your Child is in KS1 they are Entitled to a Free School Meal

We just want to take this opportunity to remind you that if you have a child in Reception, Year 1 or Year 2 in England, your child is entitled to enjoy a school meal every day, for free!

Children in Year 3 and above may also be entitled to receive Free School Meals if parents are in receipt of financial support



## There are 3 Meal Options Available Daily

There is a choice of 3 tasty options to choose from every day, the main option, a vegetarian option or the alternative option. You can pick and choose which days you have which option so it doesn't have to be one type all term and your child can always have their favourite! You can also change the booked meal option by accessing your online account and changing the option. If the week has been 'locked', contact us on 01202 691038 (48 hour notice)

## You Can Book a Whole Term's Meals in Advance

You can book your meals in advance so you don't have to remember to order weekly!

This can be done weekly, bi-weekly, monthly or for the whole term in one go. Remember, you can always go back in and change your options.

For more information please contact:

Email: [BPAdmin@compass-group.co.uk](mailto:BPAdmin@compass-group.co.uk)

Tel: 01202 691 038



  
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