



Hill View Progression Map – Reception

<p><u>Thinking</u></p> 	<p><u>Emotional Intelligence</u></p> 
<p>Safely negotiate space</p> <p>Handle equipment effectively</p> <p>Work independently or with a partner</p> <p>Suggest ideas</p>	<p>Talk about ways to keep healthy and safe</p> <p>Play co-operatively and take turns</p> <p>Begin to demonstrate resilience</p> <p>Begin to communicate in small groups</p> <p>Listen to instructions</p> <p>Watch others perform</p> <p>Wait their turn</p>

Practical Skills

<p><u>Games</u></p>	<p><u>Gymnastics</u></p>	<p><u>Dance</u></p>
<p>Begin to show good co-ordination of body movement</p> <p>Begin to play group games with rules</p> <p>Stop a ball from moving when travelling</p> <p>Begin to change speed and direction fluently</p>	<p>Perform a variety of travelling movements (hop, skip, jump etc)</p> <p>Travel across apparatus in different ways</p> <p>Demonstrate a variety of ways of balancing</p> <p>Sequence basic shapes and movements</p>	<p>Use appropriate actions to respond to stimuli</p> <p>Copy and repeat short sequences of actions (e.g. follow the leader)</p> <p>Begin to talk about dances they have seen or performed</p>

