

Unique

It's hard to be different,
To act just like you,
To love your uniqueness,
In whatever you do.

Your hair can be curly,
Or wavy or straight,
Your eyes might be different,
But that makes you great.

Running or writing,
Numbers or art,
Your friends will all love you,
For the size of your heart.

But what makes a good friend?
Someone who cares?
Someone who laughs with you?
Someone who's there?

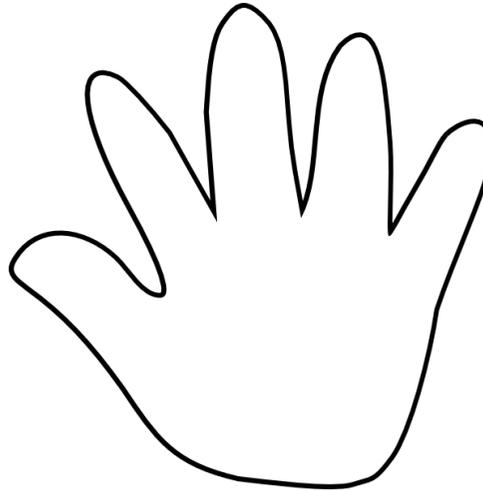
Someone who helps you,
When you've hurt your knee?
Or someone to catch you,
When you fall from a tree.

A friend sees that you're special,
And loves all of you,
From singing to dancing,
And you love them too,

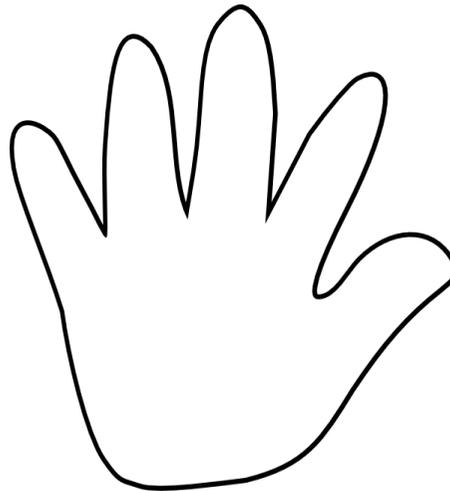
It's hard to be different,
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So love your uniqueness,
Whatever you do!



Who can you talk to?



List 5 adults you can speak to
at school.



List 5 adults you can speak to
at home.



HILL VIEW
PRIMARY ACADEMY

Friendship



Respect



Trust



Say

no

to

bullying

What is Bullying?

Bullying can be...

Emotional

Hurting peoples feelings, leaving you out.

Physical

Punching, kicking, spitting, hitting or pushing.

Verbal

Being teased or name calling.

Written

Letters, notes, graffiti.

Cyber

Saying unkind things by text, email, online gaming, through apps and on the internet.

When is it bullying?

Several

Times

On

Purpose



Who is responsible for anti-bullying at our school?

Governors

School Staff

Parents

Children



The governors, staff at school, parents and children will work together to:

- ◆ Make our school a place where everyone can feel safe and happy. This means everyone says no to bullying.
- ◆ We will help everyone to get on with each other and we believe that everyone has the right to be who they are.
- ◆ We will always take bullying seriously.



If you feel you are being bullied you should:

- ⇒ *Tell someone!*
- ⇒ *Tell them to STOP.*
- ⇒ *Talk firmly.*
- ⇒ *Talk friendly.*
- ⇒ *Walk away.*

You should not keep it to yourself!

If you see someone else being bullied:

- * Don't walk away and ignore the bullying.
- * Let the bully know what they are doing.
- * Tell the bully to stop if it is safe.
- * Don't stay silent, tell someone so the bullying will stop.



At Hill View:

- ◆ We take bullying seriously.
- ◆ We listen to the students involved and offer support.
- ◆ We contact parents/carers.
- ◆ We work together to sort it out and make it STOP.