

In October half term, we sent a survey to all pupils to gain an understanding of the emotional well-being of our pupils, so that we could work to address and mitigate any barriers which may have arisen since the beginning of the pandemic and the lockdown. At Hill View, we are continuously striving to ensure that the children are happy, with their emotional well-being being paramount in all that we do.

The well-being survey had 130 responses. Key points from this were:

- How have you felt since you have been back at school? - 4.34 out of 5 Average Rating
- I like going to school. - 4.40 out of 5
- I feel safe in school. - 4.64 out of 5
- I am doing well at school. - 4.41 out of 5
- I feel that I am treated equally at school. - 4.60 out of 5
- If I need help at school, I know who to talk to. - 4.67 out of 5

17. I am taught how to have a good mental health.

[More Details](#)

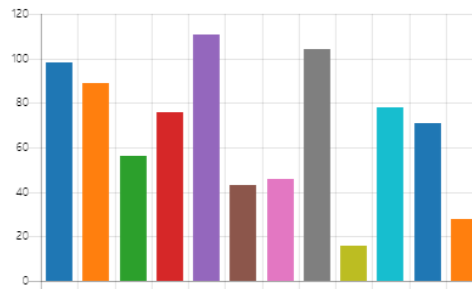
● Strongly agree	36
● Agree	60
● Neither agree or disagree.	31
● Disagree	3
● Strongly Disagree	1



18. What do you do to help your mental health?

[More Details](#)

● Exercise	98
● Eat healthy food	89
● Dance	56
● Read	76
● Go outside	111
● Have less screen time	43
● Bake	46
● Talk to friends and family	104
● Meditate	16
● Drink water	78
● Sit and relax	71
● Other	28



All the information that has been gathered from the survey has been distributed to individual year group teachers. The survey showed that a vast majority of our pupils are thriving being back at school, working alongside their teachers and friends.

Please remember that there is a [Worry Box](#) on the school Website if your child has any worries or concerns.