



Hill View Primary Academy

10 October  
WORLD  
MENTAL  
HEALTH  
DAY



Dear Parents/Carers,

As you may know, on the 10<sup>th</sup> of October it is World Mental Health Day. Mental Health Day is mainly building an opportunity to raise awareness of mental health. As school councillors, we have decided to support this day by **wearing yellow on Friday 13<sup>th</sup> October 2023.**

Children could wear:

- Yellow trousers, jumper, shoes, tshirts
- Yellow bows;
- Yellow badges;
- Bring in a yellow teddy [named];
- Yellow socks, hat, gloves, headband or glasses.
- You could dress up as a banana!

The choice is yours. If you don't have anything yellow you could make something, be creative!

We hope you all join in for World Mental Health Day. 😊

Yours sincerely,

The School Council.