

The curse of the Maya

Dear Parents/Guardians,

Year 6 have started a new project, the curse of the Maya. As part of this project, the children will be designing and making their own tortilla, similar to those made by the ancient Maya civilisation.

The year 6 children will be cooking their own tortilla recipes in the week commencing 4<sup>th</sup> December 2023.

The school will provide the following ingredients for the basic tortilla mixture:

- 250g <u>plain flour</u>, plus a little more for dusting
- 2 tbsp vegetable oil
- ½ tsp fine salt

The children have decided, in school, what extra ingredients they would ideally like to include in their tortilla. Please provide your child with any ingredients, which they wish to add to this basic recipe above. If your child has any intolerances, could you kindly provide the necessary alternative ingredients. Some ingredients may need to be pre-cooked and it is essential that this is done at home. We do not have the facilities to pre-cook ingredients before they go into the tortilla (e.g. roasted vegetables, bacon, sausage, egg etc.)

On Tuesday 5<sup>th</sup> December, Pankhurst class will be baking. On Wednesday 6<sup>th</sup> December, Luther - King class will be baking. Finally, on Thursday 7<sup>th</sup> December, Sharman class will be baking. Children will bring home the tortillas to try with their family.

Due to the fact that we have children with severe food allergies in the school, we must insist that children <u>do not use nuts or foods with nut traces, oils or sesame</u> <u>seeds as part of their recipe.</u>

Thank you for your continued support.

The Y6 team.