## Summer Term Menu

## WEEK ONE

Choose from either...


Choose from either...
궁 (1) Beef Burger ( (3)
䓂
(1) Vegetable Burger (1) (V)
(1) Tuna \& Sweetcorn with Mayo (1)


Choose from either...

(1) Chickn Sausages \& Gravy (6)
© Cheese Omelette ©
(1) Spaghetit Hoops © ( )

Choose from either...
(1) Fish Fingers ( 아

준
Vegan Sausages ( $\sqrt{6}$ (
(1) Cheese Bagel with Carrot Sticks (B)

## WEEK TWO

Served with Rice © / Sweetcorn

Dessert
Fresh Fruit © (10) / Yoghurt ( ©F

Served with
 Baked Beans
Dessert
Cake Slice (10)

Served with
Pasta ( 1 / / Mixed Veg
Dessert
Vanilla \& Strawberry
Mousse ©

Served with
Roast Potatoes ( $\operatorname{HDE}$ / Carrots
Dessert
Fresh Fruit ${ }^{(008}$ / Yoghurt © ©

Served with
Skin-on Potato Wedges / Garden Peas

Dessert
Chocolate Muffin

Choose from either...



## Choose from either...

귿 (1) Roast Chicken and Gravy (1.)
(1) Quorm Fillet and Grayy (1)
(1) Baked Beans © (1) ( )

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|  |  |

Choose from either...

(1) Breaded Chicken Steak (1)

- Vegan Quorn Dippers (1) (V)
(1) Tuna \& Sweetcorn with Mayo (1)


Served with
Baked Beans / Sweetcorn
Dessert
Fresh Fruit ©OE / Yoghurt ©E

Served with
Roast Potatoes © ${ }^{\text {CoIE }}$ /
Carrots
Dessert
Shortbread (E

Served with
Rice 008 / Mixed Veg
Dessert
Vanilla \& Chocolate
Mousse ©

Served with
Skin-on Potato Wedges $\operatorname{CODE}$ / Baked Beans

Dessert
Fresh Fruit ${ }^{(005}$ / Yoghurt © ${ }^{(6)}$

Served with
Potato Bites (008)
Garden Peas
Dessert

## WEEK THREE

Choose from either...


Chicken Korma ${ }^{\text {© }}$
Lentil Dahl © $\sqrt{\text { (V) }}$
Spaghetti Hoops (1) (a)
Choose from either...


Choose from either...
(1) Sausage Roll* (1)
(1) Vegan Sausage Roll (1) (v)
Chicken Korma ${ }^{\text {© }}$
Served with Rice ${ }^{(020)}$ / Mixed Veg

Dessert Fresh Fruit ${ }^{(00 E}$ / Yoghurt ( OE $^{\text {E }}$

Served with
Oven Baked Chips / Baked Beans
Dessert
Mini Choc Chip Cookie ©

Served with
Saute Potatoes ( 100 /
Garden Peas
Dessert
Frozen Fruit Smoothie

Served with Pasta ( ${ }^{\text {DE }}$ / Sweetcorn

Dessert
Fresh Fruit ${ }^{(10)}$ / Yoghurt ( OB $^{\text {B }}$

Served with
Roast Potatoes ${ }^{(100)}$ /
Carrots
Dessert
Mini Flapjacks


| MAY |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|  |  |  | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |  |


| JUNE |  |  |  |  |  |  | JULY |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|  |  |  |  |  |  | 1 |  | 1 | 2 | 3 | 4 | 5 | 6 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 28 | 29 | 30 | 31 |  |  |  |

## Allergies and Free-From Meals

On our menu, after each meal are some, or one, or no letters - either D, G or E. These refer to allergies that affect some children.
(D) - Signifies that a meal is Dairy Free
(C) - Signifies that a meal is Gluten Free
(E) - Signifies that a meal is Egg Free
(V) - Signifies that a meal is Vegan

We have made sure that every day we have at least one option which is Dairy Free, one which is Gluten Free, one which is Egg Free and one which is Vegan. All our meals are Nut Free.

If your child has any of these special dietary requirements, please be sure to tick the box for the meal that suits your child each day.

Our seasonal menu is written using the School Food Plan guidelines and includes a variety of different protein sources, oily fish, two $50 \%$ fruit-based desserts a week and a meat-free day...

