# Summer Term Menu 🐫



# **WEEK ONE**

#### Choose from either...

Pork Meatballs & Tomato Sauce\* © Veggie Balls & Tomato Sauce © Cheese © Veggie Balls & Tomato Sauce (90)

P Cheese GE

Choose from either...

Beef Burger 

Vegetable Burger

Tuna & Sweetco V Vegetable Burger DE V

JP Tuna & Sweetcorn with Mayo 🕕

Choose from either...

Cheesy Pasta 

Cheesy Pasta

■ Baked Beans ● V

# Choose from either...

Thursday M Chicken Sausages & Gravy (DE

Cheese Omelette G

■ Spaghetti Hoops ■ √

Choose from either...

M Fish Fingers DE

V Vegan Sausages (DE V)

P Cheese Bagel with Carrot Sticks

Served with

Rice GDE / Sweetcorn

Fresh Fruit GDE / Yoghurt GE

Served with

Potato Bites @ / Baked Beans

Dessert

Cake Slice @D

Served with

Pasta DE / Mixed Veg

Dessert

Vanilla & Strawberry Mousse GE

Served with

Roast Potatoes GDE / Carrots

Dessert

Fresh Fruit GDE / Yoghurt GE

Served with

Skin-on Potato Wedges GDE / Garden Peas

Dessert

Chocolate Muffin

# **WEEK TWO**

# Choose from either...

Hot Dog\* ©

Veggie Dogs

Cheese © Veggie Dogs 🖭 V

Served with

Baked Beans / Sweetcorn

Fresh Fruit GDE / Yoghurt GE

Choose from either...

Roast Chicken and Gravy 
Quorn Fillet and Gravy 
Baked Beans 
Baked Beans

■ Baked Beans ● V

Served with

Roast Potatoes (IDE) Carrots

Dessert

& Choose from either...

Mild Beef Chilli

Three Bean Chilli 609 V

P Cheese E

Served with Rice GDE / Mixed Vea

Dessert

Vanilla & Chocolate

Choose from either...

**Thursday** M Breaded Chicken Steak DE

Vegan Quorn Dippers 🖭 V

JP Tuna & Sweetcorn with Mayo @

Served with

Skin-on Potato Wedges (DE) / **Baked Beans** 

Dessert

Fresh Fruit @ / Yoghurt @

# Choose from either...

M Beef Lasagne E

Wholemeal Cheese & Tomato Pizza 🗈

Mediterranean Vegetable Gluten Free Pasta Salad (IDE)

Served with

Potato Bites (DE / Garden Peas

Dessert Pancake

# **WEEK THREE**

#### Choose from either...

■ Spaghetti Hoops ■ √

Served with

Rice DE / Mixed Vea

Dessert

Fresh Fruit GDE / Yoghurt GE

#### Choose from either...

Rice Crispy Coated Salmon Vegetable Fingers Coated Salmon Coated Salmon

Served with

Oven Baked Chips (JPE) / Baked Beans

Dessert

Mini Choc Chip Cookie 🕒

# Choose from either...

■ Sausage Roll\* □E

Vegan Sausage Roll V

Chicken Korma 
 Chicken Korma

Served with

Saute Potatoes (III) Garden Peas

Dessert

Frozen Fruit Smoothie GDE

# Choose from either...

Beef Bolognaise DE

Lentil Bolognaise DE W

■ Baked Beans ■ 

✓

Served with

Pasta DE / Sweetcorn

Dessert

Fresh Fruit GDE / Yoghurt GE

# Choose from either...

Roast Ham & Gravy\* <sup>®</sup>

Vegan Nuggets DE V

Tuna Bagel with Cucumber

Served with

Roast Potatoes (1) Carrots

Dessert

Mini Flapjacks



Vegetarian

Jacket Potato

16 17 18 21 22 23 24 25 26 27 28 29 30

**APRIL** 

MAY 2 3 9 10 11 22 23 24 25 JUNE

19 20 21 22 23 24 25 26 27 28

JULY

9 10 11 12 13 15 16 17 18 19 20 **21 22 23** 24 25 26 **27** 28 29 30 31



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Dairy Free

G - Gluten Free All meals

- Egg Free 🌃 - Vegan

are served with

\* - Contains Pork

# Allergies and Free-From Meals

On our menu, after each meal are some, or one, or no letters - either D, G or E. These refer to allergies that affect some children.

- D Signifies that a meal is Dairy Free
- Signifies that a meal is Gluten Free
- 🗈 Signifies that a meal is Egg Free
- √ Signifies that a meal is Vegan

We have made sure that every day we have at least one option which is Dairy Free, one which is Gluten Free, one which is Egg Free and one which is Vegan. All our meals are Nut Free.

If your child has any of these special dietary requirements, please be sure to tick the box for the meal that suits your child each day.

Our seasonal menu is written using the School Food Plan guidelines and includes a variety of different protein sources, oily fish, two 50% fruit-based desserts a week and a meat-free day...

Check the Schedule overleaf

