

Dear Parents/Carers,

Next week are the SATs tests for the Year 6 children and we cannot believe how quickly this school year is passing. We are so incredibly proud of the children and know that they are primed and ready to achieve their best. They have worked hard this year and it has been wonderful to see the progress and focus increase over the months.

<u>Date</u>	<u>Paper</u> 9.05am start
Monday 13 th May 2024	Spelling, Punctuation and Grammar (SPaG Paper 1) Spelling Test (SPaG Paper 2)
Tuesday 14 th May 2024	Reading
Wednesday 15 th May 2024	Maths Arithmetic (Paper 1) Maths Reasoning 1 (Paper 2)
Thursday 16 th May 2024	Maths Reasoning 2 (Paper 3)

It is really important that if your child is feeling unwell overnight or before school, you inform the office by 8.15am so we can advise as to the next steps. We want to ensure that your child has the opportunity to sit their paper when they are fully fit and able to show their best.

The best start to SATs week for all children is to wake up after having a good night's sleep. Try to help your child relax the night before the tests with a good, well-practised sleep routine. Often, a good way of doing this is to help them feel prepared. Pack their bag with them and get any lunch and water bottles ready for the following day. Turn all devices off in preparation for bedtime to ensure that their brains are ready to rest. They might benefit from a shower or bath and listening to some calming music or reading a book. Set an alarm to give them plenty of time to get ready in the morning and arrive at school on time. Ideally, they don't want to feel rushed because this can cause feelings of panic and stress. Encourage them to eat breakfast and have a drink before school. We will be providing some basic breakfast items at school each morning next week to help those who may have had a rushed morning to feel settled and to provide needed brain fuel for their tests.

To celebrate the end of the week, we are planning to watch a film on Friday afternoon. The children are welcome to bring in a sensible snack for themselves to enjoy while they watch.

Finally, and most importantly, remind them that they have worked hard for these tests and all they can do now is try their best. Their best is always good enough.

Please contact us if you have any questions or concerns about next week and have a safe and relaxing long weekend once it arrives.

Kind regards,

Miss Roots and the Year 6 Team.