



**Our free Family Learning courses are a great chance to learn something new and support your family. They are designed for parents, carers or grandparents of school age children.**

Family Learning supports the wellbeing and development of families and children from Early Years Foundation stage right through to Key Stage 4 (ages 0 to 16 yrs). Our courses are designed to support the learning and wellbeing of not just the child but the whole family. It can give you more information about your family and how you can better support each other to create a happy, healthier home.

## Benefits of Family Learning

- Improved family relationships. Taking time out for you and your family can help you better understand each other and lead to more positive communication and interactions.
- Find out about parenting and child development to better support you and your family's needs.
- New knowledge and achievement. Learn how you can support your child in their learning at school and at home, so that they can reach their full potential
- Increased feeling of wellbeing. Learning is a great way to boost you and your family's wellbeing and support good mental health

# Family Learning

## Arts & Crafts

### Family Learning: Summer Arts and Crafts - 1 day

**Fee Fully Funded**

FN1673G Tue 10:00-13:00 06/08/2024 Kings Park LLC  
FN1674G Tue 10:00-13:00 06/08/2024 Weymouth Library  
FN1675G Wed 10:00-13:00 07/08/2024 Dolphin Centre  
FN1676G Thu 10:00-13:00 08/08/2024 Dorchester LLC  
FN1677G Thu 10:00-13:00 08/08/2024 Kings Park LLC

### Family Learning: Mindful Art for SEND Parents - 5 weeks

**Fee Fully Funded**

FN1662G Mon 10:00-12:30 23/09/2024 Kings Park LLC  
FN1663G Fri 10:00-12:00 25/04/2025 Dolphin Centre

### Family Learning: Around the World in Arty Days - 5 weeks

**Fee Fully Funded**

FN1626G Thu 10:00-12:00 26/08/2024 Gold Hill Museum  
FN1627G Fri 10:00-12:00 08/11/2024 Dolphin Centre  
FN1628G Thu 10:00-12:00 27/02/2025 Digby Hall  
FN1629G Thu 10:00-12:00 27/02/2025 Gold Hill Museum  
FN1630G Tue 10:00-12:00 22/04/2025 Blandford ALC

### Family Learning: Mindful Art - 5 weeks

**Fee Fully Funded**

FN1659G Thu 10:00-12:00 07/11/2024 Gold Hill Museum  
FN1660G Thu 10:00-12:00 24/04/2025 Digby Hall  
FN1661G Thu 10:00-12:00 24/04/2024 Gold Hill Museum

### Family Learning: Earth Day 2025 - Junk to Funk and Sustainable Art - 1 day

**Fee Fully Funded**

FN1650G Sat 10:00-13:00 26/04/2025 Blandford ALC  
FN1651G Sat 10:00-13:00 26/04/2025 Dolphin Centre  
FN1652G Sat 10:00-13:00 26/04/2025 Dorchester LLC  
FN1653G Sat 10:00-13:00 26/04/2025 Kings Park LLC  
FN1654G Sat 10:00-13:00 26/04/2025 Weymouth LLC

## Autism

### Autism Awareness - 1 day

Fee Fully Funded

FN1631G Tue 10:00-13:00 10/09/2024 Online  
FN1632G Tue 10:00-13:00 10/09/2024 Dolphin Centre  
FN1633G Tue 18:00-21:00 17/09/2024 Online  
FN1634G Sat 10:00-13:00 28/09/2024 Kings Park LLC  
FN1635G Sat 10:00-13:00 12/10/2024 Weymouth LLC  
FN1636G Mon 10:00-13:00 14/10/2024 Dorchester LLC  
FN1637G Tue 10:00-13:00 05/11/2024 Online  
FN1638G Wed 09:30-12:30 06/11/2024 Blandford ALC  
FN1639G Thu 18:00-21:00 07/11/2024 Online  
FN1640G Mon 10:00-13:00 03/02/2025 Christchurch LLC  
FN1641G Tue 18:00-21:00 25/02/2025 Online  
FN1642G Sat 10:00-13:00 22/03/2025 Dolphin Centre

### Understanding and Supporting Autism - 4 weeks

Fee Fully Funded

FN1691G Tue 10:00-12:00 01/10/2024 Dolphin Centre  
FN1692G Wed 09:30-11:30 02/10/2024 Blandford ALC  
FN1693G Thu 13:00-15:00 03/10/2024 Kings Park LLC  
FN1694G Tue 10:00-12:00 12/11/2024 Weymouth Library  
FN1695G Mon 10:00-12:00 20/01/2025 Dorchester LLC  
FN1696G Tue 10:00-12:00 21/01/2025 Dolphin Centre  
FN1697G Thu 13:00-15:00 27/02/2025 Kings Park LLC  
FN1698G Tue 10:00-12:00 04/03/2025 Dolphin Centre

## Mental Wellbeing for Parents/Carers

### Supporting Your Own Mental Wellbeing - 1 day

Fee Fully Funded

FN1678G Thu 10:00-13:00 12/09/2024 Barrington Centre  
FN1679G Thu 18:00-21:00 19/09/2024 Online  
FN1681G Tue 18:00-21:00 05/11/2024 Online  
FN1684G Thu 18:00-21:00 27/02/2025 Online

### Supporting Your Own Mental Wellbeing - 4 weeks

Fee Fully Funded

FN1680G Tue 12:30-14:30 01/10/2024 Dolphin Centre  
FN1682G Mon 12:30-14:30 20/01/2025 Dorchester LLC  
FN1683G Thu 13:00-15:00 23/01/2025 Kings Park LLC  
FN1685G Tue 12:30-14:30 04/03/2025 Dolphin Centre

## Computing & Digital Skills

### Keeping Up with the Grandchildren: ICT - 10 weeks

Fee Fully Funded

FA1656G Thu 10:00-12:00 26/09/2024 Dorchester LLC  
FA1657G Thu 10:00-12:00 24/04/2025 Dorchester LLC

## Mental Health & Behaviour

### Understanding Your Child's Behaviour - 4 weeks

Fee Fully Funded

FN1707G Tue 10:00-12:30 01/10/2024 Online  
FN1708G Tue 18:30-20:30 01/10/2024 Online  
FN1709G Thu 10:00-12:30 03/10/2024 Barrington Centre  
FN1710G Tue 10:00-12:30 19/11/2024 Online  
FN1711G Thu 18:30-20:30 21/11/2024 Online  
FN1712G Tue 18:30-20:30 04/03/2025 Online

### Understanding and Supporting Your Child's Behaviour 4 weeks

Fee Fully Funded

FN1701G Wed 12:30-14:30 02/10/2024 Blandford ALC  
FN1702G Thu 13:00-15:00 14/11/2024 Kings Park LLC  
FN1703G Tue 13:00-15:00 21/01/2025 Dolphin Centre

### Successful School Transitions

Moving from primary to secondary school is a big change for children... It can leave them feeling anxious and worried all through the summer holidays.

To support parents, carers and grandparents, we've created a FREE webpage full of useful resources to help your child through the change from primary to secondary school. Find out more on our website.



[skillsandlearningace.com/successfulschooltransitions](https://skillsandlearningace.com/successfulschooltransitions)

### Are you a school or organisation working with parents and children?

We work in partnership with Schools, Education Challenge Leads, Family Hubs and Children's Centres to design a bespoke Family Learning offer. Our courses are designed to promote and support the learning and wellbeing of not just the child but the whole family.

Provision is designed for mums, dads, carers or grandparents of children aged 5-16 years and can be adults learning together or adults and their children learning together. We have over 20 courses to choose from. View them all and book with us on our website.



[skillsandlearningace.com/business-services/family-learning-services](https://skillsandlearningace.com/business-services/family-learning-services)

“Grateful something like this is free. Thank you for opening my mind, strengthening my understanding and challenging my previous learning. It's the best way to progress and learn the latest info and I am very grateful for that.”  
*Learner*



# Family Learning in Dorset

## Understanding and Supporting Your Child's Mental Health - 4 weeks

Fee Fully Funded

FN1704G Thu 18:30-20:30 03/10/2024 Online  
FN1705G Tue 18:30-20:30 19/11/2024 Online  
FN1706G Thu 18:30-20:30 06/03/2025 Online

## Psychology

### Introduction to Psychology - 6 weeks

Fee Fully Funded

FN1655G Mon 18:30-20:30 16/09/2024 Online

## Support your Child's Reading

### Story Stacks for Supporting your Child's Reading - 5/8 weeks

Fee Fully Funded

FA1665G Thu 10:00-12:00 16/01/2025 Gold Hill Museum  
FA1666G Tue 10:00-12:00 28/01/2025 Blandford ALC  
FA1668G Thu 10:00-12:00 05/06/2025 Gold Hill Museum

## Dealing with Change

### Successful School Transitions - 3 weeks

Fee Fully Funded

FN1669G Tue 10:00-12:00 10/06/2025 Online  
FN1670G Tue 18:30-20:30 10/06/2025 Online  
FN1671G Thu 10:00-12:00 12/06/2025 Online  
FN1672G Thu 18:30-20:30 12/06/2025 Online

## Sewing

### Basic Sewing & Sewing Machine Skills for Beginners 8 weeks

Fee Fully Funded

FN1647G Wed 10:00-12:00 09/10/2024 Blandford ALC  
FN1648G Wed 10:00-12:00 22/01/2025 Blandford ALC  
FA1649G Wed 10:00-12:00 23/04/2025 Blandford ALC

## Pottery

### Therapeutic Pottery for Parents of a Child with an EHCP 5 weeks

Fee Fully Funded

FN1689G Tue 13:00-15:00 05/11/2024 Blandford ALC  
FN1690G Tue 13:00-15:00 22/04/2025 Blandford ALC



“The course was fantastic! It gave me and my son a fun activity to do together. - it's a great way to bond and learn something valuable at the same time.” - *Learner*

**Easily enrol on your chosen course!**

Visit our website and search the course code to find your course or you can call our friendly customer service team and they'll be happy to help you with the process.



[skillsandlearningace.com/courses](https://skillsandlearningace.com/courses)



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Enrol online or by phone